

The Heart And Soul Of Change, 2Ed: Delivering What Works In Therapy
Table of Contents

Contributors

Foreword

—David E. Orlinsky

Preface

Prologue: Saul Rosenzweig: The Founder of Common Factors

—*Barry L. Duncan*

Introduction

—Mark A. Hubble, Barry L. Duncan, Scott D. Miller, and Bruce E. Wampold

I. What Works and What Does Not: The Empirical Foundations for the Common Factors

1. The Research Evidence for Common Factors Models: A Historically Situated Perspective

—*Bruce E. Wampold*

2. Clients: The Neglected Common Factor in Psychotherapy

—*Arthur C. Bohart and Karen Tallman*

3. The Therapeutic Relationship

—*John C. Norcross*

4. Putting Models and Techniques in Context

—Timothy Anderson, Kirk M. Lunnen, and Benjamin M. Ogles

5. Evidence-Based Practice: Evidence or Orthodoxy?

—*Julia H. Littell*

6. Psychiatric Drugs and Common Factors: An Evaluation of Risks and Benefits for Clinical Practice

—*Jacqueline A. Sparks, Barry L. Duncan, David Cohen, and David O. Antonuccio*

II. Delivering What Works: Practice-Based Evidence

7. "Yes, It Is Time for Clinicians to Routinely Monitor Treatment Outcome"

—*Michael J. Lambert*

8. Outcomes Management, Reimbursement, and the Future of Psychotherapy

—*G. S. (Jeb) Brown and Takuya Minami*

9. Transforming Public Behavioral Health Care: A Case Example of Consumer-Directed Services, Recovery, and the Common Factors

—*Robert T. Bohanske and Michael Franczak*

III. Special Populations

10. Evidence-Based Treatments and Common Factors in Youth Psychotherapy

—*Susan Douglas Kelley, Leonard Bickman, and Earla Norwood*

11. Common Factors in Couple and Family Therapy: Must All Have Prizes?

—*Jacqueline A. Sparks and Barry L. Duncan*

12. What Works in Substance Abuse and Dependence Treatment

—*David Mee-Lee, A. Thomas McLellan, and Scott D. Miller*

IV. Conclusions

13. Delivering What Works

—Scott D. Miller, Mark A. Hubble, Barry L. Duncan, and Bruce E. Wampold

Index

About the Editors