

Today is a big day. We are moving to a new house, in a new city.

**ON THE OUTSIDE,** I fasten my seat belt and tuck my bear in beside me. We wave goodbye to our old house as it gets smaller and smaller.



**ON THE INSIDE,** a roller coaster screams through my ribs, swooping and swirling through loop after loop. My stomach flip flops.

I feel **ANXIOUS**.