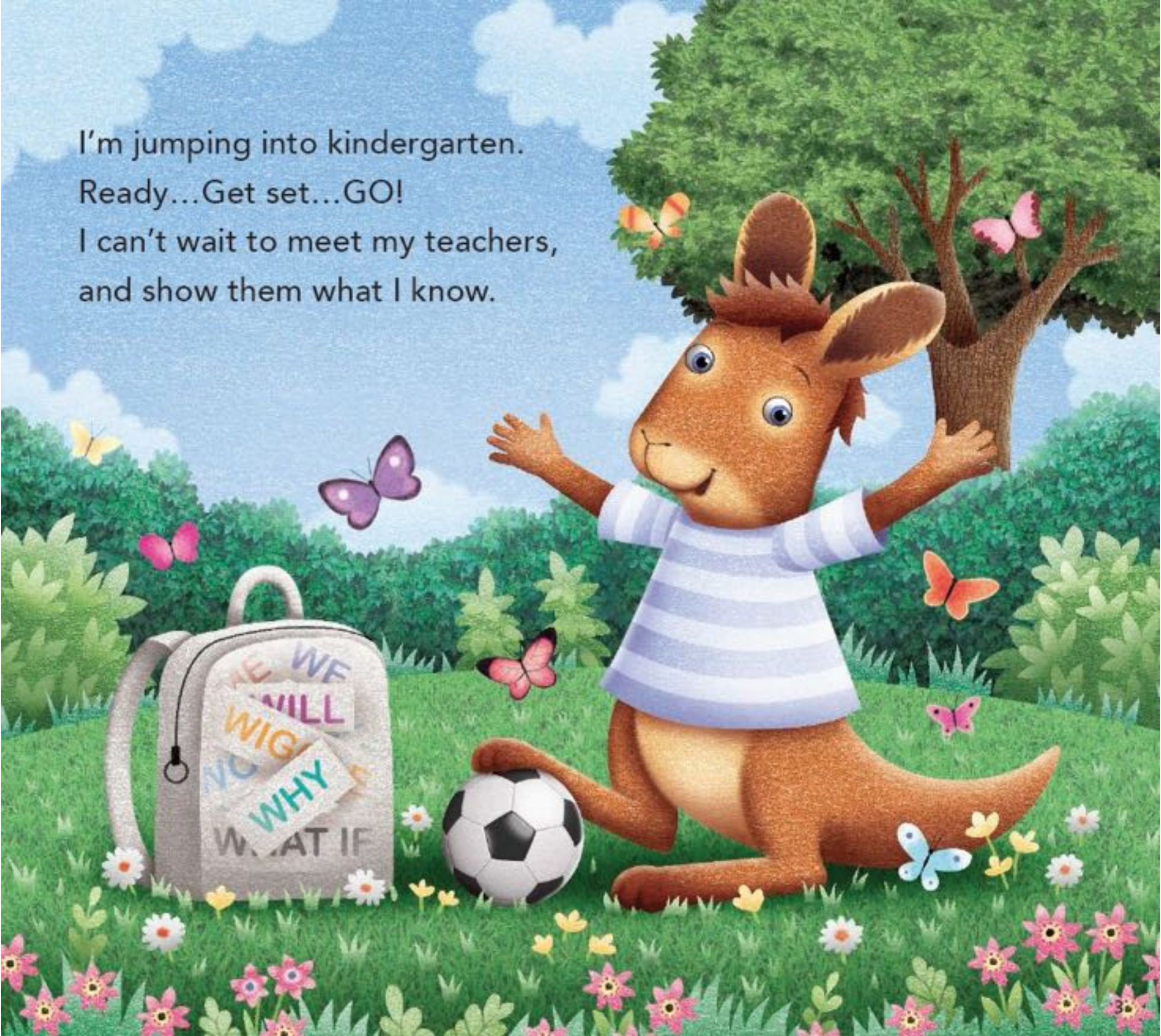


I'm jumping into kindergarten.
Ready...Get set...GO!
I can't wait to meet my teachers,
and show them what I know.



But I'm kinda scared to go there.
I'm not sure what we will do.
Is it going to be like preschool?
Will the carpet still be blue?



What if I don't like it?
What if I don't know what to wear?
What if I can't answer my
teacher's questions?
What if the other kids don't share?



And what if they laugh at my **HAIR**?



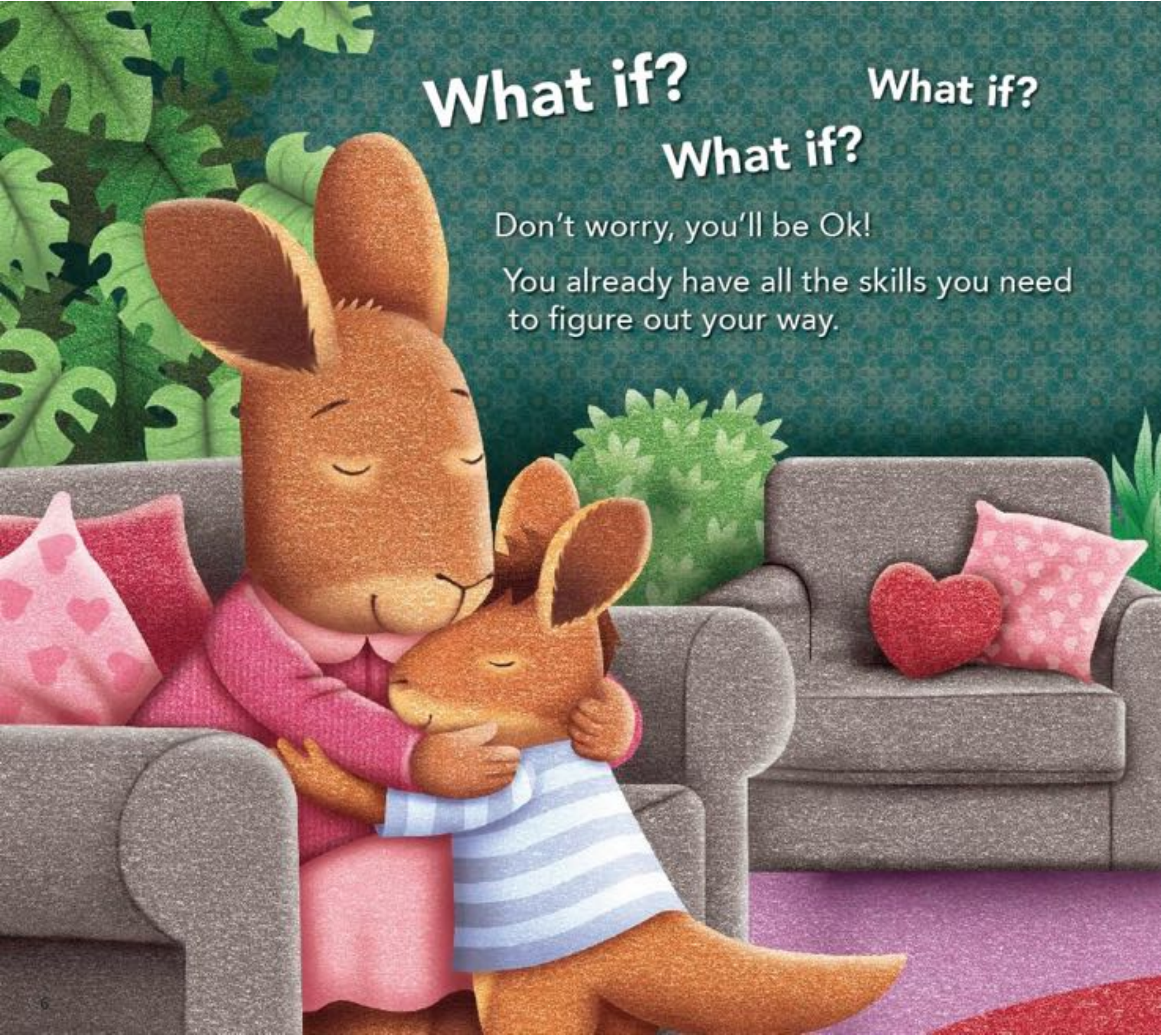
What if?

What if?

What if?

Don't worry, you'll be Ok!

You already have all the skills you need
to figure out your way.



This book beautifully captures what we all know to be true - that who our children become is as important as what they know.

Jo Kirchner - CEO, Primrose Schools

Starting kindergarten is a major milestone in the lives of young children (and their parents!)

Kindergarten represents a big jump into the unknown that, while exciting, can also cause nervous anticipation for everyone involved. The good news is that it doesn't have to be scary!

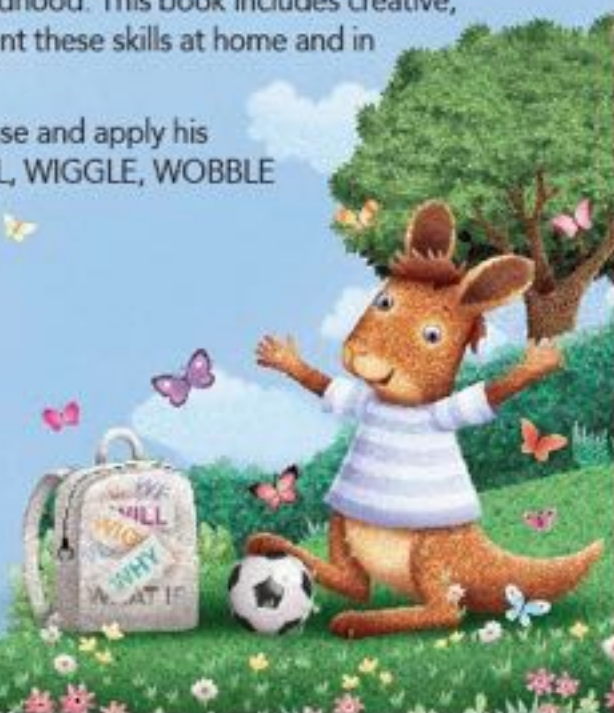
Today's complex, technology-driven world is changing rapidly. As it does, what our children need to know when they enter kindergarten is changing as well, requiring a new and improved set of school-readiness skills - called "QI Skills" (pronounced key) - that will give them the foundation and confidence to succeed.

In this fun and engaging story, bestselling authors Julia Cook and Laura A. Jana bring to life for children, parents and educators the important connection that exists between everyday behaviors and the development of valuable, 21st century life-skills during early childhood. This book includes creative, practical tips to help readers implement these skills at home and in the classroom.

Follow Roo as he figures out how to use and apply his amazing QI Skills: ME, WE, WHY, WILL, WIGGLE, WOBBLE and WHAT IF!

*I love to move around and explore,
so my favorite skill is WIGGLE.
I can jump into things,
and reach for the stars,
and bend and stretch and jiggle!*

With a backpack full of "super cool" skills and a head full of questions, Roo is excited to jump into kindergarten, and your children will be too!



A must-read for all children getting ready to start kindergarten...amazingly fun and engaging book that also teaches key skills that will be critical to their success in both kindergarten and life!

Dr. Tanya Remer Altmann - Pediatrician
Editor-in-Chief of the American Academy of Pediatrics' Birth to Five

As a Preschool, Young 5's, and Kindergarten teacher for the last 16 years, I have not come across a book that "get's it" like this one. Children who come into kindergarten with these skills will be more confident and parents will feel more at ease.

Dawn Luckritz - Kindergarten Teacher,
Hollywood Elementary, A Leader in Me School

ABOUT THE AUTHORS



Julia Cook, MS is a national award winning children's author, counselor and parenting expert. She has presented in over 800 schools across the country, regularly delivers keynote addresses at national education and counseling conferences, and has published over 85 children's books. The goal behind all of Julia's books and efforts is to actively involve young people into her fun and creative stories and teach them to become life-long problem solvers. Inspirations for her books come from working with children and carefully listening to parents and teachers.



Laura A. Jana, M.D. is a pediatrician, acclaimed parenting book author, and adjunct professor at Penn State University. With more than two decades experience working with parents, early educators, news media, academia, government, non-profits and corporations alike, Dr. Jana is dedicated to maximizing every child's potential. In her most recent book, *The Toddler Brain: Nurture the Skills Today That Will Shape Your Child's Tomorrow*, she introduces the fundamentally important concept of QI Skills and conveys the powerful role that parents and caregivers can play in the development of these valuable 21st century skills during the first five years.


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