

We all have different kinds of feelings.

SOMETIMES WE FEEL

HAPPY



...OR
sad



...OR
ANGRY



...OR
WORRIED



...OR
SCARED.



It is important to talk about our feelings with adults we trust.

→ WHO CAN YOU TALK TO
ABOUT YOUR FEELINGS?

WHAT DO YOU THINK
'TRUST' MEANS?

This child is feeling **unsafe**.
There are lots of Early Warning Signs
happening to this child's body.



Sometimes you might feel only one or two of your Early Warning Signs and sometimes you might feel all of them.



REMEMBER!
IF YOU FEEL ANY OF YOUR
EARLY WARNING SIGNS,
TELL AN ADULT YOU TRUST
STRAIGHTAWAY!

→ CAN YOU REMEMBER
SOME OF THE EARLY
WARNING SIGNS?

If someone asks you to keep a secret, tell that person you don't keep secrets. You only keep happy surprises because they will be told.



If someone asks you to keep a secret like touching your private body parts, kissing, or showing you pictures of private parts, tell an adult on your Safety Network straightaway!

Secrets like those should be told! And even if the person tells you not to tell – secrets like those need to be told!

