

Stage One

Long vowel words

THB p.29

a				
be	he	me	she	we
no	so	go		
I	by	my		
do	to			

Short vowel words

THB pp.30-31

/ă/	/ĕ/	/ĭ/	/ŏ/	/ŭ/
bad	bed	did	cod	bug
Dad	fed	hid	nod	hug
had	led	lid	rod	mug
mad				
sad	beg	big	dog	hum
	leg	dig	fog	Mum
jam	peg	fig	log	sum
Sam				
	Ben	bin	on	bun
can	hen	din	hop	fun
fan	men	fin	mop	run
man	ten	pin	pop	sun
pan		tin	top	
ran	bet	win		up
	get		cot	cup
cap	jet	is	got	pup
map	let	it	hot	but
tap	met	bit	lot	cut
	net	fit	not	hut
at	pet	hit	pot	jut
bat	set	lit	rot	nut
cat	wet	pit		
fat	yet	sit	box	us
hat		wit	fox	bus
sat	yes			

Dictation

THB p.32

- The pan is hot.
- The tin is big.
- Tom cut up the log.
- ▲ Tom ran to the hut.
- ▲ Meg has a bad leg.
- ▲ The rat sat on the mat.
- ▲ We had fun in the sun.
- Sam had jam on his bun.
- The fox hid in the box.
- The cod has a big fin.
- Ben hid the fat hen in the pen.

Dictation

THB p.32

- Ted has six pets.
- Sam cut up the logs.
- Pat has a lot of pens.
- The dog sits and begs.
- ▲ Tom has a hat for the sun.
- ▲ A cat is a pet and so is a dog.
- ▲ Dan sat on top of a log.
- ▲ Jan and Rob got the cat to sit on the mat.
- Pat is so hot she put on the fan.
- Has Rob got the box of red hats?
- Is it bad for dogs to be so fat?
- Has Tom got a map so we can get to the hut?

Blends

THB p.34

spit	trip	grab	flag	stop	best
spat	trot	grit	flap	stub	nest
spin	trim	grid	flan	stun	rest
spot	trap	grim	flat	snip	test
slit	twig	grin	flip	snap	vest
slot	twin	Gran	flop	clip	west
slap	drip	grip	plan	clip	belt
slip	drip	glad	plop	clop	felt
slam	drum	glum	plot	clog	spelt
slim	drag	glib	plum	clap	hilt
slug	drab	frog	prop	clam	spilt
slop	blot		pram	desk	tilt
				risk	wilt
				tusk	
				dusk	
				rusk	

Dictation

THB p.35

- Stop the frog.
- I can slam the lid.
- Plop it in the pan.
- ▲ It is not the best plan.
- ▲ Drag it to the nest.
- ▲ I am glad to be a twin.
- He spilt the rest.
- It can be grim at the top.
- Flag it up as the best.

Dictation

THB pp.37–38

- The sun sets in the west.
- I am glad I went on that trip.
- You can sit at the desk.
- Did Fred run to the shed?
- Can you help me?
- ▲ Is the cash in the chest?
- ▲ The red flag is up, so we can not swim.
- ▲ Sam drops the cups with a crash.
- ▲ The fish went flop on the wet slab.
- ▲ That wet dog has left drips on the rug.
- I must rest, and go when it is not so hot
- "Do not slip and drop the milk," said Ben.
- There is a thrush on that twig.
- Tom held the dog with a strap.
- Can we go to the shed with Tom and help him fix the shelf?

One word – lots of meanings

THB p.38

Lift me up.
I had a lift from him.
Let's go up in the lift.
It gives me a lift to see the sun.

Exercise

THB p.38

Read each sentence and find the word that makes sense. The first one has been done for you.

Jim dug up a (slam, slim, slug).

We can sit at a (risk, desk, rusk).

We went on the (trim, trap, tram).

We can go up in the (felt, left, lift).

"I must get (held, hold, help)," he said.

When it is red you must (stop, stub, stun).

I wish I had a bag of (crest, crust, crisps).

If it is left in the wet it will (just, rust, trust).

The film did not have much of a (plot, plop, prod).

When did you get the results of the (exist, insist, exam)?

We can go in a big lift to the top of the (flags, flats, flaps).

Stage Two

Long /ā/

THB p.94

Medially 'ai'	Finally 'ay'	Medially 'ai'	Finally 'ay'
brain	day	fail	stray
drain	today	nail	astray
pain	may	pail	pray
rain	dismay	rail	spray
train	say	sail	sway
Spain	pay	tail	railway
plain	repay	aim	holiday
explain	bay	claim	okay
stain	lay	exclaim	
strain	delay		
gain	ray	air	
maintain	way	chair	
again	away	fair	
main	play	unfair	
remain	display	affair	
against	tray	hair	
wait	betray	pair	
await	clay	repair	
aid	hay	despair	
maid	stay	stair	
paid	always	praise	
afraid		raise	

Sight words

Britain straight their obey two

Dictation

THB p.95

- The train came in on time today.
 - Is it still raining?
 - The smell of the paint will make me faint.
 - Did she say she wants more pay?
 - Jane was a maid in the play.
- ▲ Charles has gone upstairs with the tray.
 - ▲ Are you going to Spain for your holiday, or will you stay in Britain?
 - ▲ You haven't spilt the paint again, have you?
 - ▲ Mind where you dig as the main drain runs there.
 - ▲ I can't go on waiting for you for ever so you must make up your mind.
- I am in despair over all this work.
 - Aim straight for the centre of the target.
 - The train was delayed so much that I can claim my money back.
 - The spray of roses went a long way towards explaining things.

Exercise

THB p.95

Read each sentence and find the correctly spelt word from the words in brackets. The first one has been done for you.

That is a fairy (tale, tail).

There is cold water in that (pale, pail).

I hope to get a bargain at the (sale, sail).

You can stroke the (mane, main) of a horse.

Her face went (pale, pail) when she met him.

I (made, maid) a nasty stain on my best dress.

James has a (pane, pain) in his neck, poor man.

Is it (fair, fare) to pay this (fair, fare) twice?

We had to put up another (sale, sail) to catch what wind there was.

Long /ō/

THB p.96

Medially 'oa'

oat	load	moan
boat	road	groan
coat	toad	loan
float	coal	oak
goat	foal	soak
throat	goal	soap
	loaf	oath

Finally 'ow'

bow	know
below	low
blow	mow
crow	row
elbow	slow
flow	show
glow	snow
grow	stow

Exceptions

own bowl grown

Dictation

THB pp.96-97

- The goat ate all its oats.
- Joan moans and groans when she has to wash up.
- This boat will not float.
- The black crow makes a nest with twigs.
- This chair is much too low for me to sit on.
- ▲ This is the slowest train of the day.
- ▲ You can stow the coal in the hold of the ship.
- ▲ I wonder where this road goes?
- ▲ Show me the grass that you want me to mow.
- ▲ "Haven't they grown?" said Grandma.
- The hot coals glow in the fireplace.
- Whose flat is below this one?
- He shot a splendid goal just before time, so we won.
- I just don't know what to do with my bad throat.
- I want a thick winter coat as I do not own one.

Exceptions to 'ow' at the end of words

toe foe hoe Joe

Plurals

THB p.126

ss	x	ch	sh
kiss	box	church	brush
kisses	boxes	churches	brushes

potato	potatoes
hero	heroes
tomato	tomatoes
knife	knives
wife	wives
leaf	leaves
loaf	loaves
elf	elves
shelf	shelves

But:

He loafs around all day. He leafs through a book.

Irregular plurals

THB p.126

man	men	woman	women
child	children	tooth	teeth
goose	geese	foot	feet
mouse	mice	sheep	sheep
deer	deer		

brother-in-law	brothers-in-law
mother-in-law	mothers-in-law
court-martial	courts-martial

Stage Three

Syllable division: List 1

THB pp.128-129

dĕn/tist	măg/net	ĩn/tend	
passage	Mummy	wisdom	master
infant	ugly	clammy	lantern
pregnant	hungry	scandal	offend
seldom	tunnel	success	rabbit
happen	puppet	collect	attempt
baggage	insult	village	butter
attend	button	fellow	letter
cabbage	supply	yellow	stopper
assist	hundred	pillow	pencil
gallon	splendid	window	rubber
lettuce	trumpet	willow	rubbish
ransom	velvet	follow	kingdom
horrid	disgust	hollow	
funny	hiccup	shallow	
tennis	traffic	comply	
puppy	contest	imply	
muggy	cotton	sister	
dummy	kidnap	Mister	

'our' saying /er/

THB p.146

odour	vigour	harbour	favour	journey
flavour	saviour	rumour	honour	journal
parlour	labour	colour	humour	
vapour	glamour	armour	behaviour	

Dictation

THB p.147

- Water vapour is sometimes also known as steam.
- To labour means to work hard.
- ▲ The rumours about his bad behaviour turned out not to be true.
- ▲ The journal was published three times a year.
- A sense of humour finds favour with most people eventually.
- It would be an honour to escort you to the party.

Sight words

court	mourn	source	course
honest	amateur	courteous	

Dictation

THB p.147

- Our house is on the edge of the golf course.
- The course of lectures on gardening starts on Thursday evening.
- Of course you can come if you want to.

- ▲ To be honest means to be trustworthy.
- ▲ He walked on to the tennis court, slipped and twisted his ankle.
- ▲ If you are courteous you are polite and well mannered.
- A reporter cannot always reveal the source of his story.
- When someone dies, friends and family mourn their loss.
- An amateur is someone who does something for the love of it, rather than for money.

'ch' saying /k/ (Greek origin)

THB p.147

Christ	character	stomach	architect
Christmas	chorus	ache	architecture
Christian	choir	echo	anchor
chemist	chaos	orchestra	scheme
chemistry	chronicle	technical	
Christopher	school	mechanical	

'que' saying /k/ (French origin)

THB p.148

unique	antique	picturesque	grotesque
oblique	cheque	technique	

'ch' saying /sh/ (French origin)

THB p.148

machine	brochure	chauffeur	champagne
machinery	chassis	schedule	
parachute	chef	chateau	

Sight words

extra	opera	banana	panda
pyjama	umbrella	llama	cinema
soda	camera	china (cup)	panama (hat)

Greek and Latin prefixes

THB p.163

a	= without, none	inter	= between
ante	= before	iso	= equal
anti	= against	kilo	= thousand
centi	= hundred	mal	= bad
chromo	= colour	manu	= hand
circum	= around	mega	= large
co	= together	micro	= small
contra	= against	multi	= many
demi	= half	non	= not
hemi	= half	omni	= all
homo	= same	photo	= light
hydro	= of water	pseudo	= false
hyper	= too much	retro	= backwards
hypo	= too little	sub	= under
infra	= beneath	super	= above
intra	= within	ultra	= extreme

Greek and Latin suffixes

THB p.164

gram	= written, drawn
graph	= that which is written
ine	= pertaining to
ior	= comparative degree (superior)
ise	= condition
itis	= inflammation
phobia	= fear, dislike

Story for dictation

THB pp.164–165

It was a dark, dismal, dreary night when Jill and her brother Rick set out on the thirty-odd miles of rough road that divided their farm from their uncle's. The rain had been coming down steadily all day, and now the track was a sea of mud. They passed an old shepherd threading his way between the puddles, but after that, the silence was complete apart from the occasional hoot of an owl. Suddenly Jill's horse slipped, lost his balance, and went down on both knees. Jill shot over his head and landed heavily on her shoulder. The horse neighed piteously, but Jill lay still and silent. Rick dismounted and hurried to the girl's side, not knowing what he might find. He turned her over and when he saw her white face he thought that she was going to die. Cradling her in his arms he huddled against the hedge for protection, and waited for the dawn. At last a faint glow showed in the east, and the first ploughman came plodding by. He turned and came towards them – they were saved! As the noises of the approaching day brought joy to their hearts and warmth to their bones, Jill and Rick were on their way to safety in the farmer's cart.