

# Skill 1: Listening

## STEPS

### 1. Look.

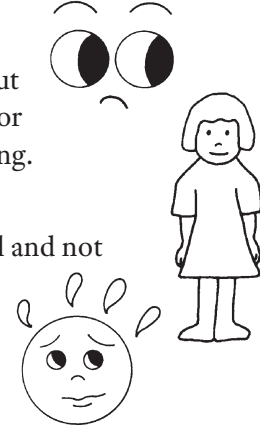
Discuss the importance of looking at the person who is talking. Point out that sometimes you may think someone isn't listening, even though he or she really is. These steps are to show someone that you really are listening.

### 2. Stay still.

Remind the children that staying still means keeping hands and feet still and not talking with friends.

### 3. Think.

Encourage the children to think about what the person is saying, and be sure they understand if the person is asking them to do something.



## SUGGESTED MODELING SITUATIONS

*School:* Your teacher tells you that you are to go to the art center; your teacher gives you instructions on how to do an activity.

*Home:* A parent is telling you plans for the weekend.

*Peer group:* A friend is telling you a story.

## COMMENTS

This is a good skill with which to begin your Skillstreaming group. Adults often tell young children to listen without explaining the specific behaviors or steps necessary to do so. Once the skill of listening is learned, it can be incorporated into classroom rules. Giving the children a special cue to listen (e.g., “Do you have your listening ears on?”) may help them apply the skill when needed.

## RELATED SKILL-SUPPORTING ACTIVITIES

Play the listening game of Simon Says.

Have students listen to follow the directions to complete a drawing.

In small groups, have students listen to complete a cooperative drawing or group project.

Figure 2: Sample Homework Report I

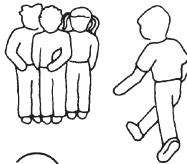
**Skill 15: Joining In**

Name Cory

Date 10/10

**SKILL STEPS**

1. Move closer.



2. Watch.



3. Ask.



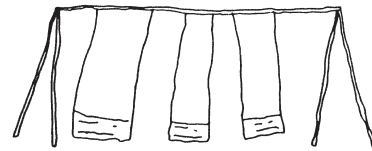
Who?

Juan

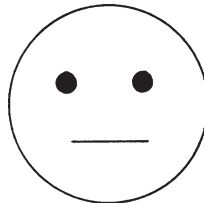


When?

Recess



How I did



## Skill 28: Dealing with Feeling Mad

Name Elizabeth

Date 10/10

### SKILL STEPS

1. Stop and think.



2. Choose.

a. Turtle.



b. Relax.



c. Ask to talk.



3. Do it.



I did it!



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