

Making A Heart Happy

Building A Caring Community
One Heart At A Time



A storybook to
accompany *Bully-Proofing:
Building A Caring Community
With Young Children*

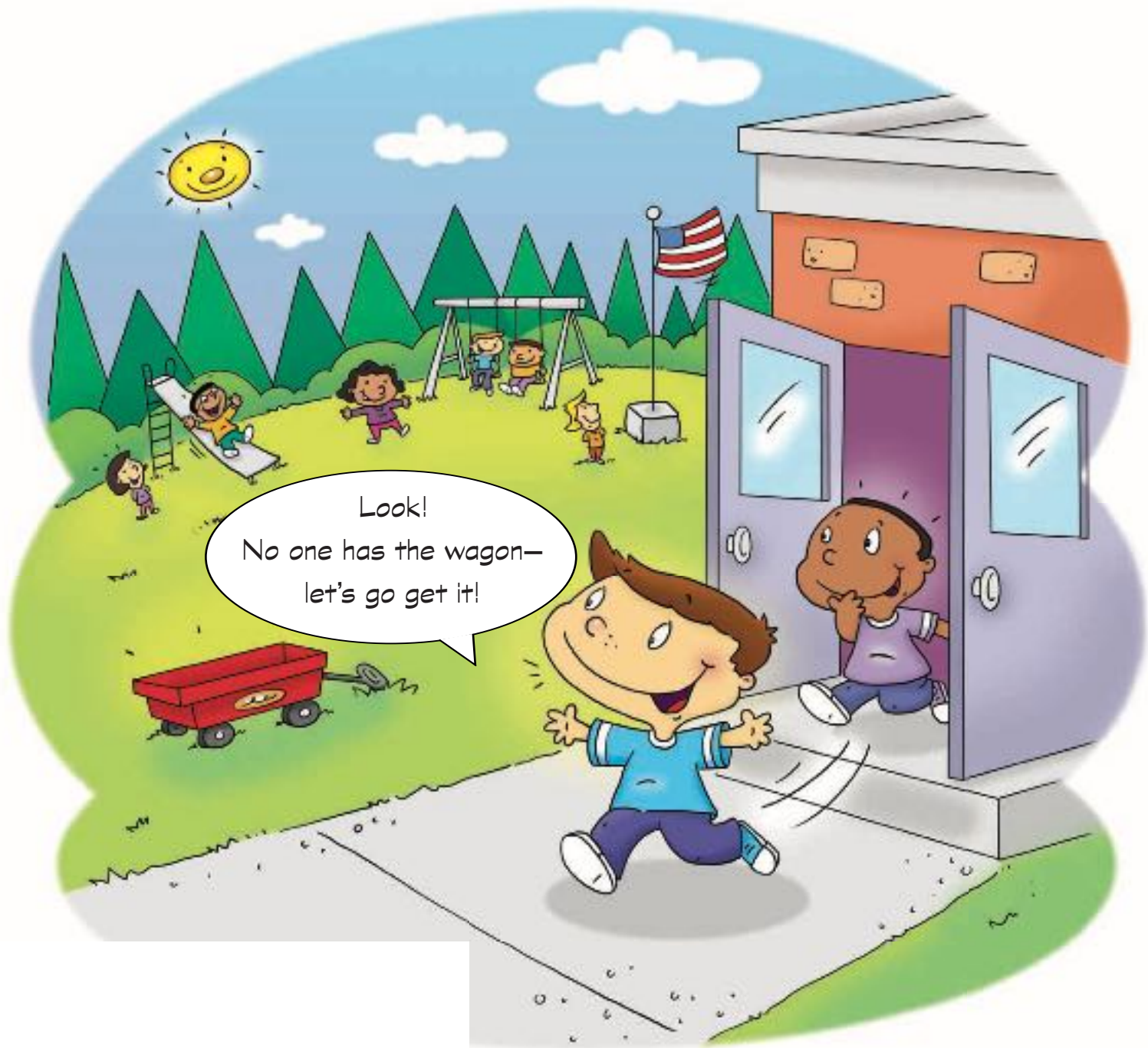
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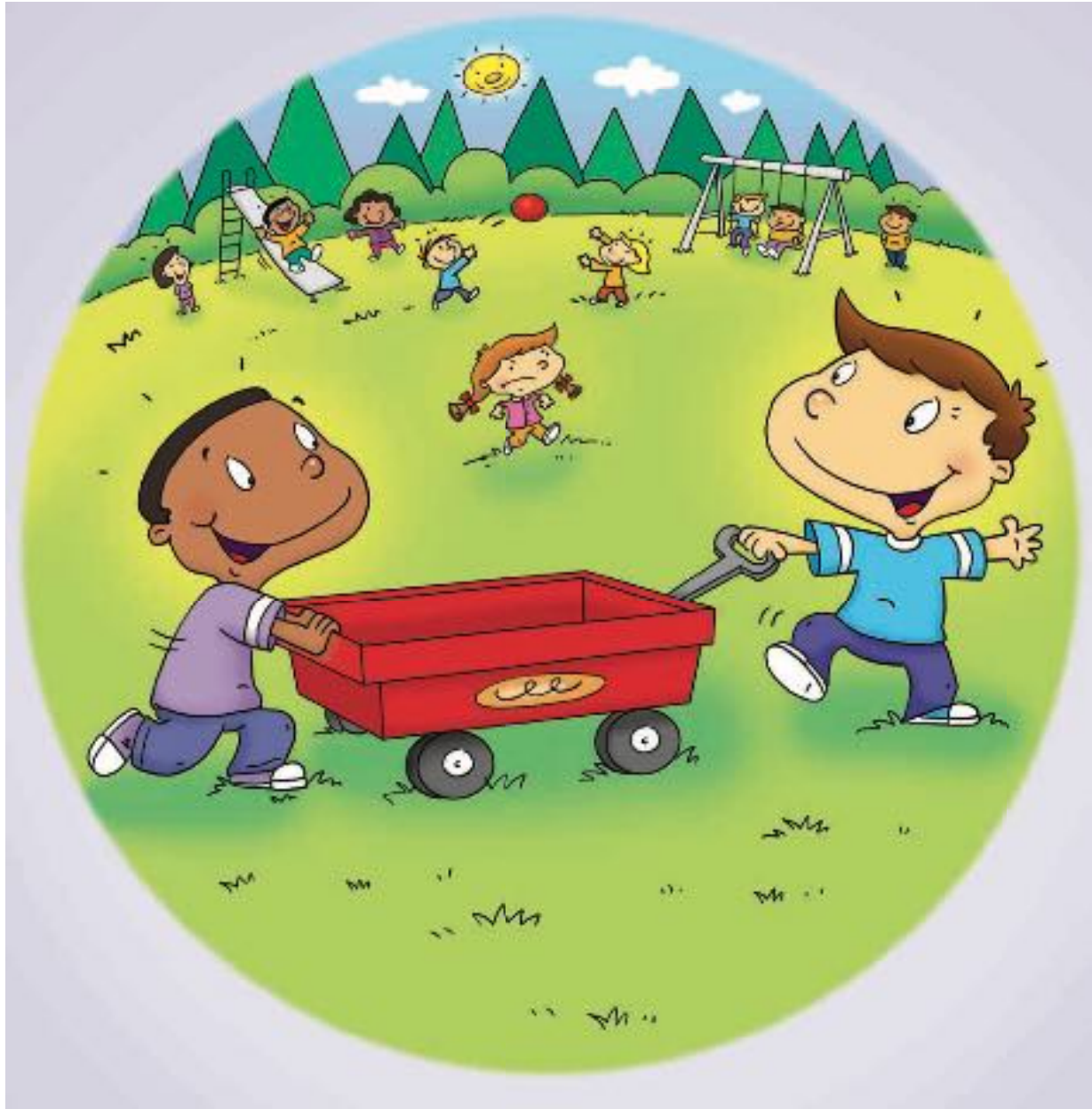
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♥ Introduction ♥

Making A Heart Happy: Building A Caring Community One Heart At A Time is designed to complement the *Bully-Proofing In Early Childhood* curriculum guide. The story illustrates the real-life application of the “Talk, then Walk, then Go for Help” protective strategies. These strategies help young children effectively manage peer conflict and bully situations. *Making A Heart Happy* can set the stage for teaching the protective strategies. It also provides a guide for practicing and reinforcing these skills.

Heartnotes, our version of footnotes, can be found at the bottom of most storybook pages. The Heartnotes consist of suggestions, prompts, and possible questions for the reader to use with the children. It is our hope that the Heartnotes will help engage the young children, encouraging them to learn to use the protective strategies.

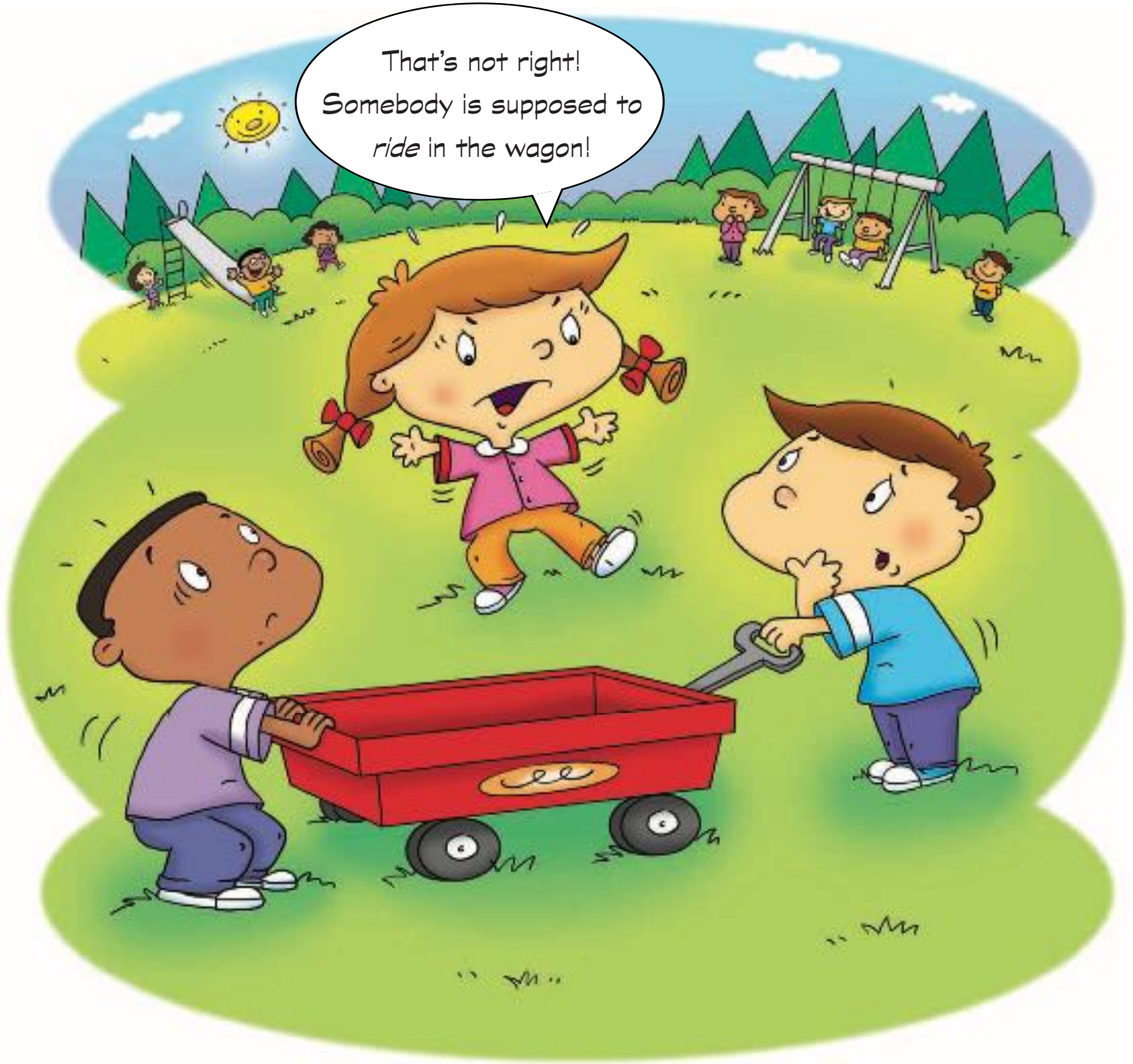




♥ ASK THE CHILDREN ♥

What do you like to do with friends?

That's not right!
Somebody is supposed to
ride in the wagon!



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