

Directions: Regular Play

1. Place nine cards face down on the table in front of the student(s). (Make sure there is one card representing each of the nine different shapes: square, heart, diamond, circle, triangle, rectangle, octagon, star, and oval.)



2. Let a student roll the double dice.
3. The student determines the shape on the outer die and turns over the corresponding card.
4. The student determines the number on the inner die and reads (or listens as you read) the corresponding question.
5. The student answers it.
6. A token can be given for reinforcement for a correct answer (optional).
7. The card is returned face down to its original place on the table.
8. Repeat steps 2 through 7 with the next student.
9. Continue until all tokens are given out or time runs out.

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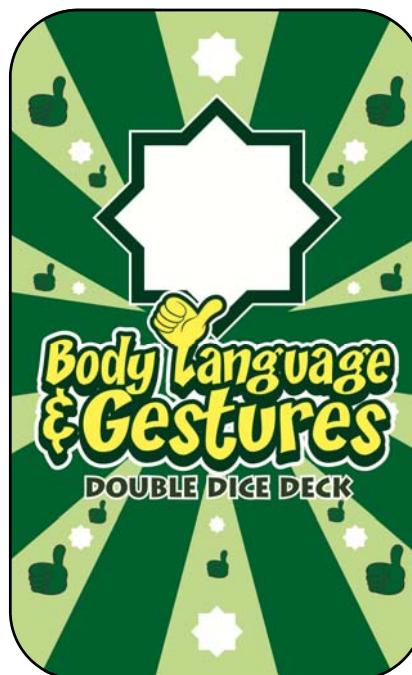
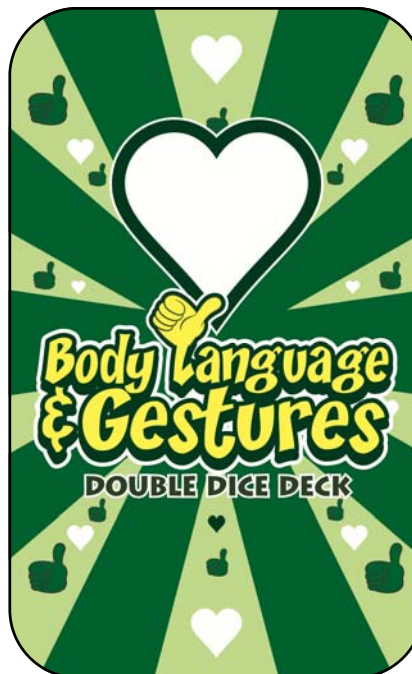
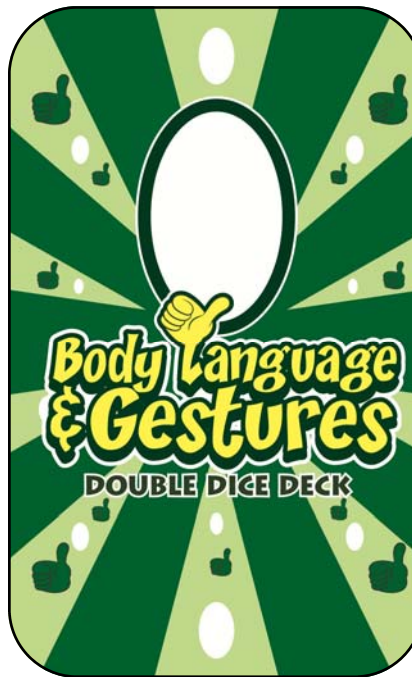
Introduction

Body Language and Gestures Double Dice Deck provides a motivating way to work with clients who need assistance in developing their ability to interpret and react to common nonverbal messages and body movements.

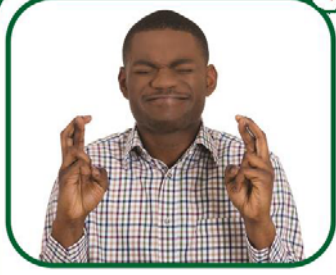
This *Double Dice Deck* allows students the opportunity to visually see a specific gesture or body pose and then explain what it means, describe when it is used, illustrate it with their own body, and discuss alternatives to using this gesture. There are 54 total playing cards. Each card contains a photograph followed by four corresponding questions. This means that your students get up to 216 different opportunities to practice interpreting and analyzing gestures and nonverbal communication.

The unique double dice serves as the motivational component, as the student rolls it prior to finding and responding to a statement. Specific directions for play are found on the reverse side of this card. There is also a double-sided *Game Variations* card that details six alternative ways to use this *Double Dice Deck* in therapy. These variations allow you to add variety as you use this activity in multiple therapy sessions. Answers may vary depending upon circumstances, so all logical answers should be considered correct.

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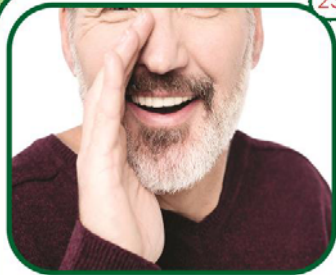
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- 1 What does this gesture mean?
- 2 Tell me a situation when you would use this gesture.
- 3 Using your own body, show me this gesture.
- 4 How else could you communicate this message?

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- 1 What does this gesture mean?
- 2 Tell me a situation when you would use this gesture.
- 3 Using your own body, show me this gesture.
- 4 How else could you communicate this message?

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- 1 What does this person's body language mean?
- 2 Tell me a situation when you would use this type of body language.
- 3 Using your own body, show me how this person is feeling.
- 4 How else could you communicate this message?

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