

Lean back a bit to lift the mast up. Then bend down and pull the rig up toward you. Put both hands on the mast just below the boom. Let the sail flap. This will show you which way the wind is blowing.



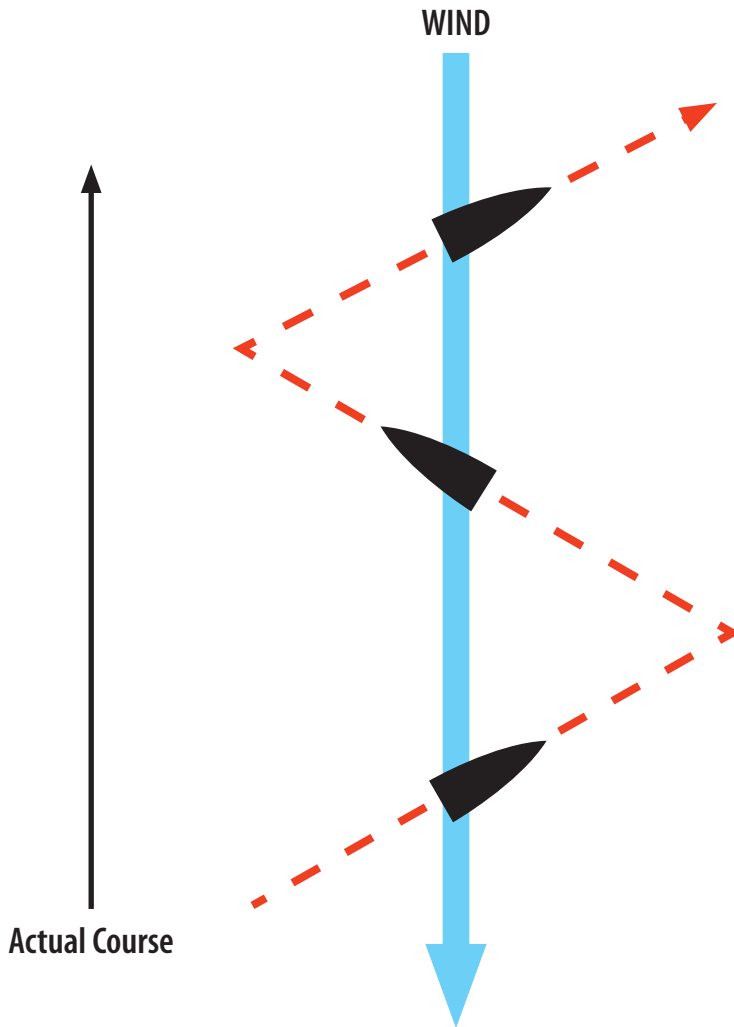
*Lean back a bit to lift the mast up.*

Wind surfing is not like sailing a sailboat. You need to move out of the way to put the mast in the right spot.

Swing the rig around to the tail to move into the wind. Swing the rig toward the nose to head downwind.



*Wind surfing is not like sailing a sailboat.*



A “tack” is a turn into the wind. When you tack, you change the way you are going. Think of it as a zig-zag.

A “jibe” is a smooth half turn away from the wind. To “carve” a jibe, you lean into the turn. You move the boom from one side to the other. The sail sweeps you through the curve.



*To “carve” a jibe, you lean into the turn.*