



## decisions

### WHAT I WANT **MORE** OF

- My partner values my opinion.
- My partner supports my decisions.
- I'm an equal part of decisions that affect our family.

**MORE**

## sexuality

### WHAT **CONCERNS** ME

- Does my partner put their needs above mine?
- Does my partner criticise my body or appearance?
- Does my partner make it a problem if I say no to sex?



## safety

### WHAT I WANT **NONE** OF

- My partner breaks or destroys things.
- My partner hurts or threatens me, the children or pets.
- Hitting, pushing, strangling, stalking, imprisoning, dangerous driving or ...



**NONE**