

Ask the person on
your right to answer
this question:
What do you do when
you are angry?

Ask the person on
your right to answer
this question:
What place can you go
to if you want to feel
better?

Finish this sentence:
Instead of blaming
others when I am
angry, I can

Answer this question:
When you feel angry,
where do you feel it
in your body and what
do you do about it?



Finish this sentence:

Instead of blaming
others when I feel
angry, I can ...

Answer this question:

When you feel angry,
where do you feel it
in your body and what
do you do about it?

Ask the person on
your right to answer
this question:

What do you do when
you are angry?

Ask the person on
your right to answer
this question:

What place can you go
to if you want to feel
safe?