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## Types of Snow Skiers

*What is freestyle snow skiing? What is a hotdogger? What is big air skiing? What is off-piste skiing? What is heliskiing?*

Extreme skiers love the risk, speed, and thrill. They do amazing things with skis. There are few rules. There's lots of danger.

Freestyle skiers do tricks. They do **aerial** stunts. Aerials are tricks in the air. They do long jumps. They do high-**altitude** drops. This means they fall from very high places. They do spins, flips, and grabs. They do whatever they can. They go as fast as they can.

Hotdoggers are skiers who show off. They do hard and dangerous moves. They launch tricks off jumps. They ski over bumps. They add aerials to their runs. These include spins, flips, twists, and **spreads**. Spreads are doing the splits in the air.

Big air skiers do grabs, flips, and spins in midair. Vincent Gagnier crashed on a rail. He broke his back. He recovered.

Freestyle skiers have the freedom to do tricks and stunts.

