

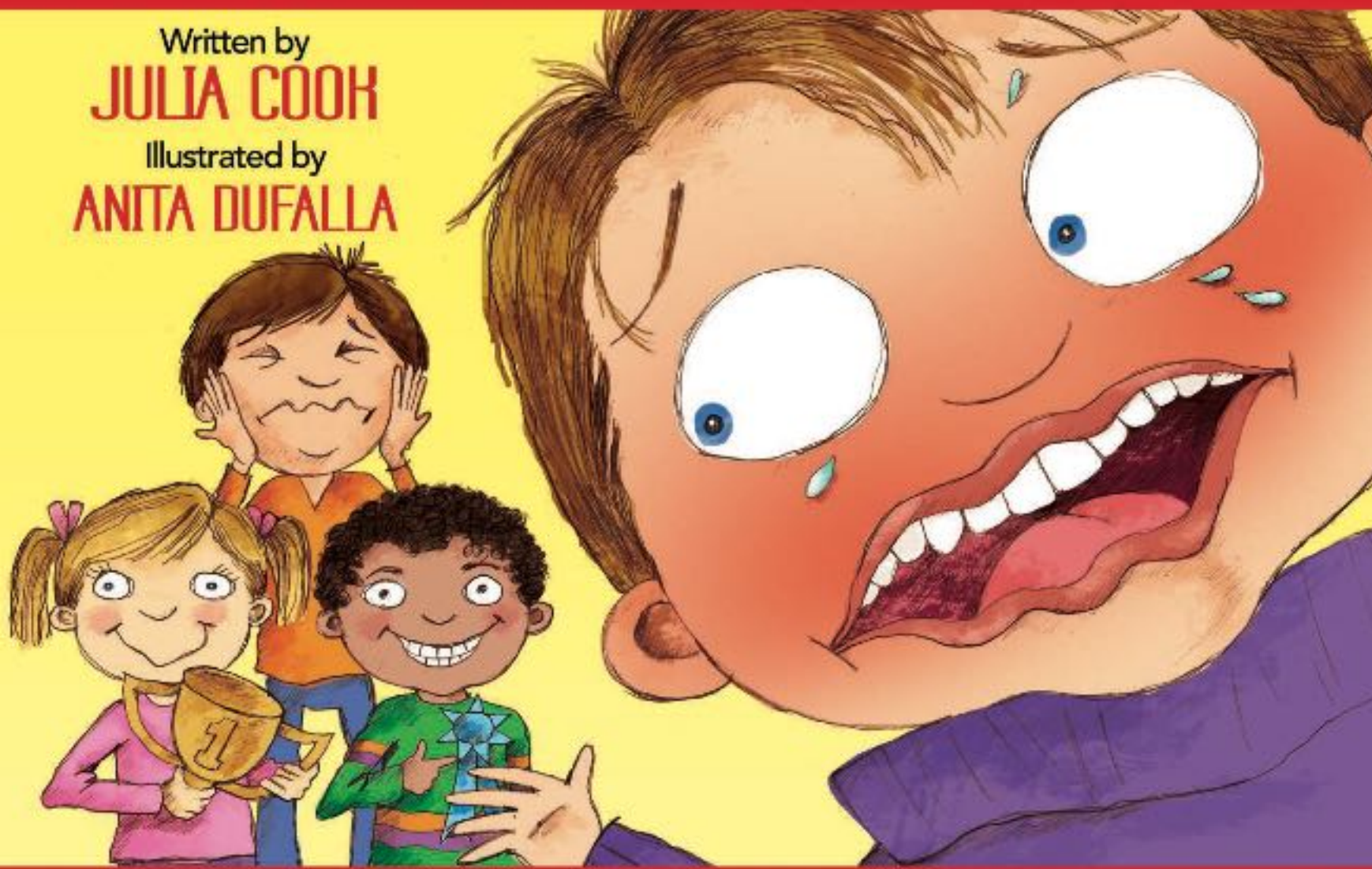
Winners Don't Whine

Written by

JULIA COOK

Illustrated by

ANITA DUFALLA



and Whiners Don't Win!

"I WIN! I'm smarter than you are!"



"I WIN! NANA NANA BOO BOO!"

"I WIN! My score's higher than yours!"



"I WIN! I eat faster than you do!"

I love to **WIN!** I always want to be first.
And I love to get my way, because losing is the worst.

“BUT MOM... I never win!! I’ve lost ALL DAY LONG! I lost at school and I lost at home!

I must be a loser.

I have LOSER’S DISEASE!



No matter what I do,
I can't win Mom,
GEEEEZE!”



“Wendell,
stop **WHINING!**
Your voice
hurts my ears!

It’s like nails on a chalkboard!
And dry up those tears!

Whiners aren’t winners
And winners don’t whine.

You can’t win at everything
all of the time.”

*“Losing doesn’t make you a loser.
But how do you handle a loss?”*

*Having the right ATTITUDE
is very important.*

*Cause you’ll never
win every coin toss.*



*“If you can work well with others,
and be a part of something bigger than you,
then you’ll really start to win at life,
and you’ll be amazed at what you can do!”*



Just when I pride myself (an elementary school counselor for 30+ years) on owning and sharing EVERY Julia Cook book with my students, she writes yet another superb book that no counselor, parent, teacher, caregiver, coach, etc. can be without! This wonderful book is for everyone helping children acquire a sense of intrinsic motivation and develop better ways to act.

Sydney Horton Sauer, M.S.
School Counselor

"But I HATE losing! GEEEEZE!"

**Wendell HAS to win at everything,
and if he doesn't, he whines about it.**

This creative story addresses two very challenging topics: **winning** and **whining**. When Wendell has one of those days where nothing seems to go his way, his mom helps him understand that everything in life doesn't have to be a contest and losing does not make you a loser. In fact, it can make you stronger! She also points out that although it feels great to celebrate a win, winning isn't everything, and whining about things just makes it worse.

*"Whiners aren't winners,
and winners never whine.
You can't win at everything
all of the time!"*



Julia Cook, M.S. is a national award winning children's author, counselor and parenting expert. She has presented in thousands of schools across the country and abroad, regularly speaks at national education and counseling conferences, and has published children's books on a wide range of character and social development topics. The goal behind Cook's work is to actively involve young people in fun, memorable stories and teach them to become lifelong problem solvers. Inspiration for her books comes from working with children and carefully listening to counselors, parents, and teachers, in order to stay on top of needs in the classroom and at home. Cook has the innate ability to enter the worldview of a child through storybooks, giving children both the "what to say" and "how to say it."

JULIA COOK



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