

EXTRA

SOCIAL MEDIA CHALLENGE

Produce a trick shot video on TikTok. Use only things you can find in your house.

Be safe. Make sure you don't hurt yourself or others. Don't throw sharp things. Don't throw things at people.

Practice tricks around the house. Start with easy trick shots. Toss a tea bag into a large cup. Toss bread into a toaster.

Choose your favorite trick shot activity. Do this after you try different things.

Practice more. Change the distance. Start close. Keep moving farther apart.

Make the shots a little harder. Add flips. Throw backward.

Decide if you want to talk or not. Decide if you want to add music.

Capture everything. Choose what you want to share. Edit your video clips. Share it with your friends.



Fabio Wibmer is a stunt **cyclist**. Cyclists ride bikes. Wibmer has about 6 million followers on social media. He's active on YouTube and Instagram. He uploads videos of his failures, stunts, and pranks. His stunt videos have gotten over 500 million views. He rode his bike downstairs. He balanced his bike on top of a high dam. He used his back wheel to kick a basketball into a hoop.

Melanie Hunt is a professional **parkour athlete**. Parkour combines running, gymnastics, martial arts, and breakdancing. Athletes are people trained in sports and fitness. A parkour athlete moves through obstacles. Hunt did parkour stunts around New York City, New York. She wore fancy clothes. This was for an art project.

◀ In 2020, Wibmer turned his house into a bike park. He rode his bike around his house.

