

# Throwback Fashion

Throwback fashion trends are also called **nostalgic** fashion. Nostalgia is a longing for the past. It's also called **retro** fashion. Retro means going back in time. People find comfort in trends from the past. They find it familiar. They find it safe. Teenagers can raid their parents' closets to find throwback fashion gems.

Specifically, fashion from the 1980s, 1990s, and 2000s are coming back. There are many examples. Mom and dad jeans are back. Fanny packs are back. Tie-dye is back. Band tees are back. Chunky tennis shoes are back. Bright, neon colors are back.



Mom jeans and dad jeans are high-waisted.