

Otis used to have the “perfect” family. That all changed when his parents told him they were getting a D...D...D...The “D” Word—he can’t even say it!

At first Otis blames himself. With the help of his Gram, Otis discovers the reasons why people get divorced. He also learns about the Three C’s of Divorce: I didn’t **CAUSE** it, I can’t **CONTROL** it, so I’m going to have to learn to **COPE** with it!

This book offers both children and adults the tools and insights are needed to effectively deal with the difficult challenges a family goes through when parents get divorced.

JULIA COOK



Julia Cook, M.S. is a national award-winning children’s author, counselor, and parenting expert. She has presented in thousands of schools nationally and internationally, regularly speaks at education and counseling conferences, and has published children’s books on a wide range of character and social development topics. The goal behind Cook’s work is to actively involve young people in

fun, memorable stories and teach them to become lifelong problem solvers. Inspiration for her books comes from working with children and carefully listening to counselors, parents, and teachers, in order to stay on top of needs in the classroom and at home. Cook has the innate ability to enter the worldview of a child through storybooks, giving children both the “what to say” and the “how to say it.”

This book hits the target well for children going through the trials of their parents’ divorce. Through well placed humor and apt advice, Julia Cook sets straight several misconceptions children have about divorce. Parents, through this child-friendly story, are also put on notice to watch their own responses that can adversely affect their own children. This is a must read for children, along with their parents, going through this difficult life changing event.

Kim “Tip” Frank

Licensed Child Therapist and author of “Safe Travels Through the Divide: A Journey Toward Healing When Parents Separate or Divorce.”



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They make me talk
for them. I am

**THE FAMILY
MESSENGER.**

I don't like
it at all!



"Otis," my Gram said. "This divorce is not your fault, and you don't have to deal with it all by yourself. I can help you.

There are 3 things about divorce that you need to know:

*You didn't **CAUSE** it!*

*You can't **CONTROL** it!*

*So you're going to have to learn to **COPE** with it!"*

