

A  
Bad Case

of  
Tattle

Tongue

Activity and  
Idea Book

*published by*



**National  
Center for  
Youth Issues**

Practical Guidance Resources  
Educators Can Trust



## A Note To Educators

Tattling is a common problem in many classrooms. It takes away from teaching time, causes conflict and discomfort, and can socially disable many of your students. When a child's perception of right and wrong combines with their need for attention and "duty to inform," tattling is often the result.

The purpose of this activity book is to give students a "hands on" opportunity to apply and process the four tattle Rules:

Rule #1 Be a Danger Ranger – If a person or animal is in danger, you must warn someone!

Rule #2 Be a Problem Solver – If the problem involves you directly, take charge and try hard to solve it yourself first.

Rule #3 Now or Later – Is the problem a "Now" problem or a "Not Now" problem? Can your problem be solved at a later time?

Rule #4 M.Y.O.B. (Mind Your Own Beeswax!) – If the problem is not dangerous and it does not involve you...Do Not Tattle!

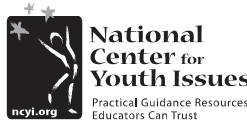
The Tattle Rules offer students effective strategies to help them understand the differences between tattling and warning. They also can empower students to become more effective problem solvers and improve their social relationships with peers.

I hope you enjoy using this book as much as I enjoyed writing it!!

– Julia

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Summary: A supplementary teacher's guide for *A Bad Case of Tattle Tongue*. Full of discussion questions and exercises to share with students.

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# Tattle Rocks

## Introduction:

A "Tattle Rock" is a small rock that you can decorate and set on top of your desk to remind you not to tattle. Use different colored paint to represent your feelings that are associated with tattling.

## Here is your paint color code:

Red—Anger  
Blue—Sadness  
Orange—Anxiety  
Yellow—Happiness  
Green—Guilt  
Purple—Loyalty/Honor

## Be Creative!!

### Materials Needed:

- 1 small rock per student
- Tempura paint
- Stick on eyes (optional)



sample

# The Tattle Tongue Comes To Life!

## Supplies:

- Various Craft Materials (Glitter, Yarn, etc.)
- Crayons/Markers
- Plain White Paper Plates (2 per student)
- Glue
- Scissors
- Wooden Craft Sticks (1 per student)

## Teacher Directions:

Make copies of the Josh face for each student. Trim each copy and glue it to a paper plate. Carefully cut a tongue opening at the base of Josh's smile that is wide enough for the craft stick to slide in and out of. Have kids decorate Josh and his tongue with markers, crayon, yarn, glitter etc.

