Gna sent messages for Frigg. She traveled everywhere. She moved quickly. She rode her horse. Her horse was named

## Explained By Science

Frigg's house was on marshes. Marshes are wetlands. Water soaks the area. It covers the land. It's wet all year long. Marshes are found all around the world. They're important wildlife habitats. Habitats are homes. Marshes support life. They provide food. They provide shelter. Many types of plants and animals live there. But marshes are disappearing. They're harmed by pollution. Pollution includes poisons, smog, and trash. Marshes are harmed by people. People build houses on marshes. This means there's less land for the plants and animals. Less land means less food. Marshes are at risk. People need to protect marshes. Marshes help stop floods. They soak in and store water. They're like sponges. Marshes help improve water quality. They have plants that clean dirty water. Marshes keep soil in place. This stops land from eroding. Eroding means wearing away.



Fulla wore a golden hood.

Hofvarpnir. This means "hoof kicker." Gna's horse ran through air and water.

Don't anger the goddesses. Frigg had great powers.

And she knew how to use them.